

**Common Name****Botanical Name****White Flowers**

(Globe) anemone, wind flower  
 Annual burnet (Sitka)  
 Baby's beath \*  
 Ball-head waterleaf  
 Baneberry  
 Bitter-root, rock rose **E**  
 Bladder campion (Powry's) \*  
 Bunchberry  
 Common mallow \*  
 Common peppergrass  
 Cow parsnip  
 Daisy fleabane  
 Douglas campion (Menzies)  
 Dwarf mountain fleabane (cut leaf daisy)  
 False Solomon's seal  
 Field bindweed \*  
 Field mint  
 Fringe cup **E**  
 Hoary alyssum \*  
 Hoary false yarrow  
 Hooded ladies tresses  
 Large desert parsley  
 Long-leaved phlox (pink bird's eye)  
 Lousewort (Sickle-top)  
 Meadow death camas  
 Miner's lettuce  
 Mountain sandwort  
 Night flowering catchfly  
 Northern bedstraw  
 Oval-leaf alumroot (round leaf)  
 Ox-eye daisy (s.s. edible)  
 leucanthemum  
 Pearly everlasting  
 Poison hemlock (Douglas's water-hemlock)  
 Rough-fruited fairy bells (c.c. Hookers)  
 Star-flowered Solomon's seal  
 Stinging nettle  
 Tall white bog-orchid, white rein orchid  
 Tall white eriogonum  
 Twisted stalk  
 White clover  
 White fleabane  
 White thistle, Hooker's thistle  
 White violet  
 White-blossom sweet clover \*  
 Wild carrot, Queen Anne's lace  
 Wild strawberry  
 Yarrow

Anemone multifida  
 Sanguisorba sitchensis  
 Gysophila paniculata  
 Hydrophyllum capitatum  
 Actaea rubra  
 Lewisia rediviva  
 Silene cucubalus  
 Cornus Canadensis  
 Malva neglecta  
 Lepidium densiflorum  
 Heracleum lanatum  
 Erigeron ramosus  
 Silene douglasii  
 Erigeron compositus  
 Smilacina racemosa  
 Convolvulus arvensis  
 Mentha arvensis  
 Tellima grandiflora  
 Berteroa incana  
 Chaenactis douglasii  
 Spiranthes romanzoffiana  
 Lumiatium macrocarpum  
 Phlox longifolia  
 Particularis racemose  
 Zygadenus venenosus  
 Montia perfoliata  
 Arenaria formosa  
 Silene noctiflora  
 Galium boreale  
 Heuchera cylindrical  
 Chrysanthemum  
 Anaphalis margaritacea  
 Conium maculatum  
 Disporum trachycarpum  
 Snilacina stellata  
 Urtica dioica (vr lyalli)  
 Habaneria dilatata  
 Eriogonum heracleoides  
 Streptopus amplexifolius  
 Trifolium repens  
 Erigeron caespitosus  
 Cirsium hookerianum  
 Viola striata  
 Melilotus alba  
 Daucus carota  
 Fragaria virginiana  
 Achilles millifolium

**Yellow & Orange Flowers**

Antelope-brush  
 Arrow-leaved balsam root (spring sunflower)  
 Big sagebrush  
 Blazing star  
 Brittle prickly pear cactus  
 Brown-eyed Susan  
 Canada goldenrod  
 Common dandelion  
 Common groundsel \*  
 Common St. John's-wort \*  
 Common tansy\*  
 Common toadflax \* **L** (Butter & Eggs)  
 Creamy peavine (yellow pea)  
 Dalmatian toadflax \*  
 ssp.dalmatica  
 False lupine  
 Field locoweed (locoweed)  
 Great mullein \* (common mullein)  
 Heart-leaved arnica  
 Lance-leaved stonecrop  
 Large-fruited desert-parsley (biscuitroot,  
 few-fruited hog-fennel)  
 Leafy spurge \*  
 Lemonweed (gromwell)  
 Meadow hawkweed \*  
 Mountain arnica (broad-leafed arnica)  
 Narrow-leaved desert parsley  
 One-flowered sunflower  
 Orange hawkweed\*  
 Pineapple weed \*  
 Round-leaved alumroot (oval leaf alumroot)  
 Sagebrush buttercup  
 Short-beaked agoseris (False Dandelion)  
 Skunk cabbage (water arum)  
 Slender hawksbeard (narrow-leaved)  
 Spikelike goldenrod (dwarf goldenrod)  
 Sticky Cinquefoil (fan-leaf)  
 Stream violet (Yellow wood violet)  
 Sulphur cinquefoil \*  
 Sulphur Lupine  
 Swale desert-parsley (desert parsley)  
 Tall Oregon grape  
 Tall tumble mustard (tumbleweed)  
 Tiger lily  
 Western buttercup (coastal species)  
 Yellow bell  
 Yellow evening primrose (evening primrose)  
 Yellow flag \*  
 Yellow glacier lily (yellow avalanche lily)  
 Yellow hedysarum, (sulphur hedysarum,  
 yellow laments)  
 Yellow salsify (oyster plant, w. goat's beard)  
 Yellow water lily (yellow pond lily)

Purshia tridentate  
 Balzamorhiza sagittata  
 Artemisia tridentate  
 Mentzelia laevicaulis  
 Opuntia fragilis  
 Gaillardia artistata  
 Solidago Canadensis  
 Taraxacum officinale  
 Senecio vulgaris  
 Hypericum perforatum  
 Tanacetum vulgare  
 Linaria vulgaris  
 Lathyrus ochroleucus  
 Linaria genistifolia  
 Thermopsis Montana  
 Oxytropis campestris  
 Verbascum thapsus  
 Arnica cordifolia  
 Sedium lanceolatum  
 Lomatium macrocarpum  
 Euphorbia esula  
 Lithospermum ruderale  
 Hieracium pilosella  
 Arnica latifolia  
 Lomatium triternatum  
 Helianthella uniflora  
 Hieracium aurantiacum  
 Matricaria matricarioides  
 Heuchera cylindrical  
 Ranunculus glaberrimus  
 Agoseris glauca  
 Lysichiton americanum  
 Crepis atrabarba  
 Solidago spathulata  
 Potentilla glandulosa  
 Viola glabella  
 Potentilla recta  
 Lupinus sulphureus  
 Lomatium ambiguum  
 Mahonia aquifolium  
 Sisymbrium altissimum  
 Lilium columbianum  
 Ranunculus occidentalis  
 Fritillaria pudica  
 Oenothera villosa  
 Iris pseudacorus  
 Erythronium grandiflorum  
 Hedysarum sulphurescens  
 Tragopogon dubius  
 Nuphar polysepalum

**Pink Flowers**

Bitter-root, rock rose **E**  
 Canada thistle \*  
 Columbia Lewisia  
 Common mallow \*  
 Deptford pink  
 Dwarf mountain fleabane (Cut leaved daisy)  
 Few-flowered shooting star **E**  
 Fireweed  
 Large-flowered collomia  
 Long-leaved phlox, pink birds eye  
 Miner's lettuce  
 Narrow-leaved collomia  
 Nodding onion  
 Pink microsteris (Pink Twink)  
 Pink wintergreen  
 Pipsissewa, Prince's pine  
 Rocky mountain bee plant, Bee spider flower  
 Red clover  
 Rosy Pussytoes  
 rosea  
 Russian knapweed \*  
 Sagebrush mariposa lily  
 Showy milkweed  
 Spotted knapweed \*  
 Spring beauty **E**  
 Sticky geranium  
 Stork's bill  
 Water smartweed

Lewisia rediviva  
 Cirsium arvense (\*weed)  
 Lewisia columbiana  
 Malva neglecta  
 Dianthus ameria  
 Erigeron compositus  
 Dodecatheon pulchellum  
 Epilobium angustifolium  
 Collomia grandiflora  
 Phlox longifolia  
 Claytonia perfoliata  
 Collomia linearis  
 Allium cernuum  
 Microsteris gracilis  
 Pyrola asarifolia  
 Chimaphila umbellata  
 Cleome serrulata  
 Trifolium pretense  
 Antennaria microphylla,A.  
 Centaurea repens  
 Calochortus macrocarpus  
 Asclepias speciosa  
 Centaurea maculosa  
 Claytonia lanceolata  
 Geranium viscosissimum  
 Erodium cicutarium  
 Amphibian L.

**Red Flowers**

Curly dock \*  
 Hounds tongue \*  
 Indian paint brush  
 Northern hedysarum  
 Scarlet gilia  
 Fragile sour weed, common sorrel  
 Strawberry bliite  
 Red columbine

Rumex crispus  
 Cynoglossum officinale  
 Castilleja miniata  
 Hedysarum boreale  
 Gilia aggregata  
 Rumex acetosella  
 Chenopodium capitatum  
 Aquilegia formosa

**Blue Flowers**

American brooklime  
 Blue clematis  
 Blueweed \*  
 Common harebell  
 Idaho blue-eyed grass  
 Large-flowered tritelia, wild hyacinth  
 Long-flowered mertensia, bluebell  
 Menzies larkspur  
 Monk's-hood  
 Mountain forget-me-not

Veronica Americana  
 Clematis columbiana  
 Echium vulgare  
 Campanula rotundifolia  
 Sisyrinchium angustifolium  
 Tritelia grandiflora  
 Mertensia longiflora  
 Delphinium menziesii  
 Aconitum columbianum  
 Myosotis alpestris

## Blue Flowers Cont.

Northern gentian  
Showy Jacob's ladder  
Silky lupine  
Small-flowered blue-eyed Mary  
Wild blue flax

Gentiana ararella  
Polemonium pulcherrimum  
Lupinus sericeus  
Collinsia parviflora  
Linum perenne

## Purple Flowers

Ballhead waterleaf  
Bull thistle \*  
Canada thistle \*  
Common burdock \*  
Cutleaf daisy  
Elephant's head lousewort  
Early blue violet  
Fairy slipper  
Field mint  
Nodding thistle \*  
Old Man's whiskers  
Purple peavine  
Self heal  
Silky Phacelia  
Shrubby penstemon  
Showy locoweed  
Showy purple fleabane  
Small-flowered penstemon  
Thread-leaved phacelia  
Upland larkspur

Hydrophyllum capitatum  
Cirsium vulgare  
Cirsium arvense  
Arctium minus  
Erigeron compositus  
Pedicularis groenlandica  
Viola adunca  
Calypso bulbosa  
Mentha arvensis  
Carduus nutans  
Geum triflorum  
Lathyrus nevadensis  
Prunella vulgaris  
Phacelia linearis  
Penstemon fruticosus  
Oxytropis splendens  
Erigeron speciosus  
Penstemon procerus  
Phacelia linearis  
Delphinium nuttallianum

## Green Flowers

Cow parsnip  
Elegant rein orchid  
Green wintergreen  
Indian hellebore  
Stinging nettle

Heracleum lanatum  
Platanthera unalascensis  
Pyrola chlorantha  
Veratrum viride  
Urtica dioica

## Brown Flowers

Chocolate lily  
Pinedrops

Fritillaria lanceolata  
Pterospora andromedea

## Legend

E Early  
L Late  
\* Invasive

# Checklist of the Flowers of the Princeton Region

2017

Welcome to the enticing world of Similkameen wild flowers. The floral emblem of the Princeton area is the Spring Sunflower, also known as Balsam-root. In early May the south and west-facing hillsides are ablaze with its golden blossoms.

From the earliest flowers that appear as the snow banks recede, such as the Spring Beauty with its white blossoms delicately striped with pink, and the cheerful and very welcome Sagebrush Buttercup, to the autumn-flowering Michaelmas Daisy, there is a tremendous variety of colour and form to be enjoyed all summer long by appreciative visitors.

One of our most conspicuous wild flowers is the Menzies penstemon that surprises everyone by making a great show of colour on an apparently dry rock-face. It has a diminutive cousin that grows on open grassland or among the majestic Ponderosa Pines.

By contrast, the dainty Yellow Bell has a relative, the Chocolate Lily that is well camouflaged by its mottled brown petals, but is all too noticeable by its odor if taken indoors!

It is best to leave the wild flowers where they are, so others can enjoy them and so the plants won't be weakened by removal of their blossoms. Some are rare — they are indeed among Nature's treasures — and we want to give them every chance to flourish in our challenging climate. As you explore for wild flowers, please be careful not to trespass on private land.

The following is a list of some of our wild flowers. They are grouped according to colour. The common name is followed by the botanical name and in some cases by E (early) or L (late). The asterisk following some plant names indicates an invasive species.

This list is meant to be used with a guide book. We used "The Peterson guide to Rocky Mountain wild flowers," "Trees, shrubs and flowers" by C.P. Lyons, "Wild flowers of B.C." by Lewis J. Clark and the final authority was "Plants of Southern Interior British Columbia and the Inland Northwest" by Parish, Coupe & Lloyd.

Many thanks to BCnature for the grant that enabled the printing of this flower checklist.



This checklist was compiled by Margaret Trehearne, Madelon Schouten, Anthea Pugliese, Joann Gabriel, Donna Dodds and Cathie Yingling. Our thanks to Cora Cherry for her help in this project.

Copies of this checklist may be obtained from our website:

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Revisions: 1996, 2012, 2017